

# How to increase women's representation in decision-making boards? A CHANGE case study from the University of Aveiro, Portugal

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### The CHANGE project in a nutshell



"CHAlleNging Gender (In)Equality

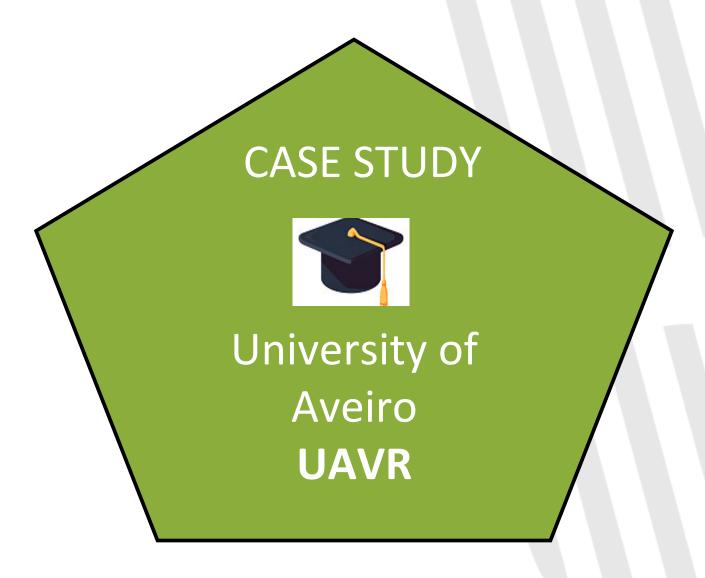
in science and research"

Duration: 2018-2022

www.change-h2020.eu



Interdisziplinäres Forschungszentrum für Technik, Arbeit und Kultur (IFZ) – coordination, Rheinisch-Westfälische Technische Hochschule Aachen (RWTH Aachen), Universidade de Aveiro (UAVR), Zilinska Univerzita v Ziline (UNIZA), Nacionalni Institutza Biologijo (NIB), Fraunhofer Gesellschaft zur Förderung der angewandten Forschung e.V. (IFAM) and Beit Berl College (BBC).



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Case study provided by Teresa Carvalho, Sara Diogo, Zelia Breda



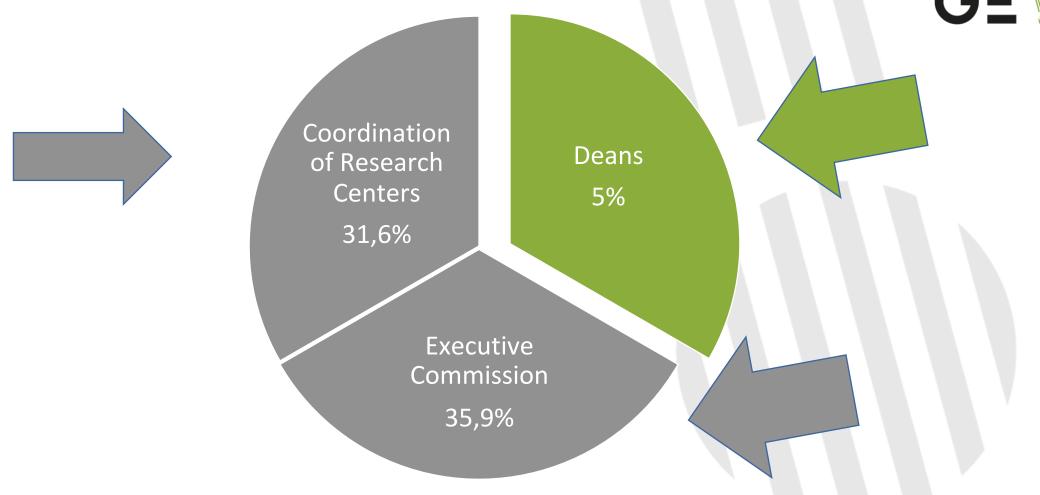


### **Identified Problem:**

Governance bodies			peda	ntific & agogic dies	Management bodies		Advisory bodies		
Male	Female		Male	Female /	Male	Female	M	ale	Female
69%	31%		55%	45%	70%	30%		75%	25%

## Women's presence in management bodies





### **TARGET**







Expose numbers (gender

segregated data) to the rector  $\rightarrow$ 

increase his gender awareness





Increase the concrete problem
awareness of the rector (gender
equality knowledge)







Start searching for

women candidates in different

departments





Incentivate women to apply!





#### Result: 20% female deans!

But how can we transform this achievement into structural change?





# CHANGErs' strategies for structural change

### **Transfer Agents**

### CH AN GE

### Find allies with power!

- → To successfully and sustainably implement gender equality knowledge in a strategic manner, it is necessary to involve key actors in powerful and relevant positions, who are committed to the idea of gender equality in science and research and support the implementation of the gender equality plans
- →TAs are relevant actors of CHANGE institutions (e. g. human resources managers, heads of institutions, or equal opportunity officers) involved from the very beginning
- TAs support the **sustainability** of gender equality projects with time-limited funding

### Knowledge co-production



### Create relationships!

- To produce relevant gender equality knowledge together with actors from the organisation to come up with practical knowledge, which is relevant for and will be meaningful for the respective actors
- → To make different types of knowledge more accessible and responsive to each other
- → To establish a mutual understanding
- To learn from each other and come up with more integrated knowledge, and to better align activities.



### Windows of opportunities



Use what you've got!

- →Use organisational events/procedures which can be 'enriched' with gender equality (work-life-balance, career events, ...).
- →Support from outside, change is not only perused from inside the organisation.
- → Utilize current national or European (science political) developments, events, policies regarding gender equality for the project initiatives

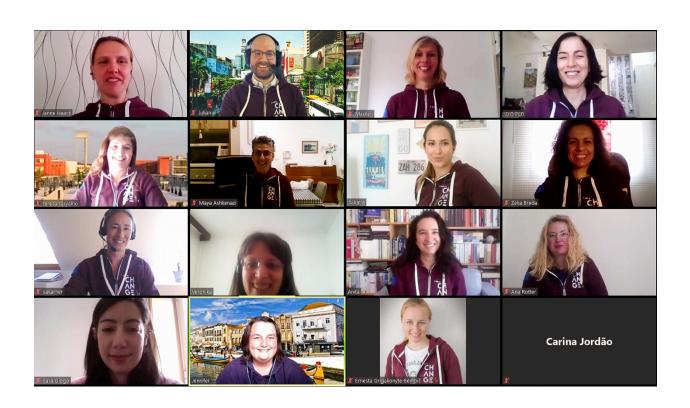
### The most important step for structural change...



- is BUILDING good and trustful RELATIONSHIPS.
- To win people's trust and get them to change, it is important to know more about their history ("narratives").
- It needs a combined
  - top down (management must be on board; e.g. unconscious bias training for search committees is crucial) and
  - bottom up approach:
    - Find advocates!
    - Train advocates!
    - Network and multiply!

### Stay in contact with us:





www.change-h2020.eu/

www.researchgate.net/project/ CHANGE-CHAlleNging-Gender-InEquality-in-science-and-research

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